



Laughter Yoga @ Kampong Glam Community Club



Trainer:

Ms Zaibun Siraj

Ms Zaibun Siraj is one of Singapore's most sought after author and trainer.

Laughter puts people in a positive frame of mind and gradually makes them **positive thinkers**

Laughter tones up the **muscles of the face** and makes people look **more cheerful**

Laughter brings people together and **improves interpersonal relationships**

Free Admission

1 April 2009 (Wednesday) 7pm to 8pm @ 2nd Level Mini-Theatre

Email: seminar@kampongglamyec.com to register your Name, Email & Contact Number



Organiser:

